



To be completed by TAAG staff:

Teacher ID: _____

Form Code: **TS7** Version: **A** Series #: ____ Seq. #: ____

Health Lessons and Activity Challenges
Teacher Survey – Grade 7

School Name: _____

Subject/Course Name: _____

For Office Use Only

Number of Girls enrolled in 7th grade: _____ Number of Boys enrolled in 7th grade: _____

The purpose of this survey is to get your feedback about the continued implementation of TAAG health lessons with activity challenges in 7th grade. Your honest answers will help us understand the influence of TAAG Health Lessons and Activity Challenges.

Date: ____/____/20____

1. Did you teach any 7th grade TAAG health lessons this school year?

Y Yes (If yes, **skip** to question 3)

N No (If no, **go** to question 2)

2. If you did **not** teach any TAAG Health lessons and Activity Challenges this year, why not? (*Check all that apply - when completed skip to question 8*)

- a. Did not know about 7th grade TAAG Health Lessons & Activity Challenges
- b. No one asked me to teach 7th grade TAAG Health Lessons & Activity Challenges in my courses
- c. Scheduling barriers in school
- d. Teacher's Manual and materials were unavailable
- e. Never trained to implement the lessons
- f. Not trained well enough to teach without TAAG staff support
- g. Lack of administrative support
- h. Too much material in the TAAG lesson to teach
- i. Difficult to prepare for lessons
- j. Not enough time to teach the lessons
- k. Limited (or lack of) space
- l. Lack of equipment
- m. Encountered too many problems teaching the TAAG Health Lessons & Activity Challenges last year
- n. Too much paper work associated with TAAG Health Lessons & Activity Challenges
- o. Students did not like the lessons
- p. Not teaching 7th grade this year
- q. Other (please specify: _____)

3. To how many 7th grade girls (and boys if in a coed class) did you teach 7th grade TAAG health lessons this year?

A. Girls: _____

B. Boys: _____

4. Which of the following TAAG lessons did you teach this school year? (check all that apply)

A. Lesson 1 – Why Physical Activity? (Benefits of Physical Activity)

B. Lesson 2 – Fitting in MVPA (Intensity and Physical Activity)

C. Lesson 3 – Logging on (Self-monitoring Techniques for Physical Activity)

D. Lesson 4 – The Buddy System (Enlisting Support for Physical Activity)

E. Lesson 5 – Be a Goal-Getter (Short-term Goal Setting)

F. Lesson 6 – Putting it All Together (Creating a Physically Active Life)

5. Did you include the Activity Challenges (out of class assignments)? (*circle one*)

A. Yes

B. Sometimes

C. No

6. To what extent did you modify the lessons? (*circle one*)

A. Not at all

B. Somewhat

C. A Lot

a. Please explain _____

7. Do you intend to continue to teach TAAG Health Education Lessons?

Y Yes

N No

8. Please provide any additional comments, suggestions, or insights about the TAAG health lessons and activity challenges.

Thank you for your feedback on the TAAG program